**Apricot Donut Holes (GF, V)**

1 cup dried Apricots

½ cup pitted Dates

1 cup Sunflower Seeds

½ cup unsweetened shredded Coconut

1 tsp Vanilla extra

Soak the apricot and dates for about 5 minutes in just enough warm water to cover (not boiling). Pour apricots and dates with the soaking water in a blender. Add sunflower seeds, coconut, and vanilla. Blend until smooth. Scoop into balls and store in an airtight container in the refrigerator for up to two weeks.