

Salad Dressings (GF, CF)

Mango Tomato Dressing

1 cup mango
4 cup cherry tomato or diced tomato
½ cup orange juice
Juice of 1 lime
½ cup cilantro
1 green onion
¼ Jalapeño (optional)

Avocado Basil Dressing

½ an avocado
1 cup spinach
½ cup orange juice
½ cup basil

Avocado OJ Dressing

½ an orange, juiced
½ an avocado
Mash together
Add cilantro, garlic, ginger, spinach. basil (optional)