

Blueberry Dream Smoothie

Ingredients:

- 1 cup Pure Water
- 1 Tbsp Coconut Butter or Cashew Butter
- 1 Tbsp Raw Honey or Stevia to taste
- ½ Vanilla bean
- 1 tsp Spirulina
- 1 cup Blueberries, fresh or frozen
- ½ cup Raspberries, fresh or frozen

Directions:

1. Blend together the water, coconut or cashew butter, sweetener, vanilla and spirulina
2. Add the berries and blend until very smooth.