

## **Spicy Chaga-Reishi Tea Latte**

*Serves 4*

1 Tsp chaga powder (by Vimergy)

¼ Tsp of reishi powder (by Vimergy)

1-2 Teaspoons raw honey

2 Cups of filtered or spring water

2-3 Tbsp coconut milk (you can use a nut milk of your choice here too or eliminate altogether for a fat free latte)

1 Pinch of nutmeg powder (to taste)

1 Pinch of cinnamon powder (to taste)

1 Pinch of cardamom powder (to taste)