

Orange Ice Creamish

Ingredients:

2 Frozen Banana
1 Orange (peeled, without the white pith)
¼ cup Coconut Milk
¼ cup Fresh Orange Juice
1 dropper Vanilla Liquid Stevia
1 pinch Sea Salt (optional)

Directions:

Add all ingredients to blender and blend. You may substitute all orange juice or all coconut milk if you choose.