

Lemonade Stand Smoothie

Ingredients:

- 1 Lemon (peeled without the white pith)
- 1 Apple, cubed
- ¼ Cucumber, cubed
- 1 cup Coconut Water
- 2 Tbsp Basil, fresh
- 1 tsp Raw Honey
- 1 pinch Sea Salt

Directions:

Add all ingredients to blender and blend. You can use the zest of the lemon if you want a stronger lemon flavor.