

Cold Spinach Soup

Combine in a high speed blender:

3 med-large Tomatoes
Juice of 1 Orange
Juice of 1 Lime

Then add:

1 – 2 bunches of raw Spinach
1 stalk of Celery
Small handful of Cilantro
1 clove of Garlic
1 Peach (fresh or frozen)
Garlic (optional)
Ginger (optional)

Garnish:

Sprouts
Chopped Scallions
Chopped Tomatoes
Atlantic Dulse
Herbs

As a variety serve over cucumber or zucchini noodles